



**The Catholic Women's League of Canada**  
**London Diocesan Council**

To: All Parish Presidents, Spiritual Development Chairperson  
CC: London Diocesan Council, Emma Rose Rayburn, OPC Chairperson  
From: Joan Lobsinger, Spiritual Development Chairperson  
Date: March 2022  
**Directive # 5**

***Make peace, create peace, be the example of peace.***

***We need peace in the world.*** - Pope Francis

Lent is a liturgical season during which we prepare ourselves to celebrate the passion, death and resurrection of Christ by drawing closer to him through good works, repentance, prayer and fasting. We are now about three weeks into Lent. I hope you have been able to make use of the Lenten resources that Emma Rose Rayburn (Provincial), and Cathy Bouchard (National), Spiritual Development Chairs shared with us. I especially liked the Lenten calendar with its suggestions for prayers fasting and almsgiving. Another great resource is <https://hallow.com/lent/>. Hallow can guide you through a very meaningful Lent experience.

I found these resources on the Diocese of London website under the tab Prayer and Worship and then click on 'Lent':

Lent in Three Minutes (video) <https://bustedhalo.com/video/watch-lent-3-minutes>

Holy Week in Three Minutes (video) <https://bustedhalo.com/video/watch-holy-week-in-three-minutes>

The Many Customs of Lent <https://www.franciscanmedia.org/faith-and-family/the-many-customs-of-lent>

The Lenten retreat we presented via zoom on Saturday February 26<sup>th</sup> is now available on our website, [cwillondon.ca](http://cwillondon.ca). I apologize for the technical difficulties we experienced. It seems that no matter how often you practice things, glitches still happen. <https://www.youtube.com/watch?v=jQJBv5dtwt8>

**12 Hours of Prayer for Palliative Care May 1<sup>st</sup> - 7<sup>th</sup>**

It is more important than ever to pray for an increase in funding for palliative care and to support compassionate care of patients facing end-of-life care or requiring care for severe illness. During Covid many councils organized their members to pray from home. With our parishes opened once again I encourage you to organize your members to pray during the 12 hours both in your parish and at home. Keep an eye out for more information from our national chairperson on the national website ([cwl.ca](http://cwl.ca))

**Feast Days and Events:**

Easter Triduum – April 14<sup>th</sup> - 17<sup>th</sup>

Feast of Our Lady of Good Counsel and London Diocesan AMM – April 26<sup>th</sup>

12 Hours of Prayer for Palliative Care - May 1<sup>st</sup> – May 7<sup>th</sup>

World Day of Prayer for Vocations – May 8<sup>th</sup>

**"Catholic and Living It!"**

Yours in Christ,

*Joan*